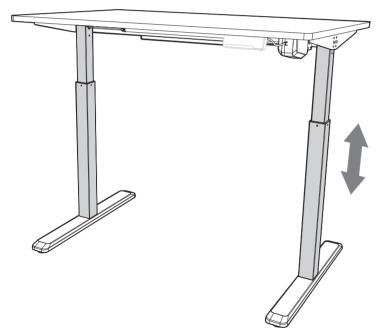


Connect the desk to power. You can now use the sit-stand desk.



Note: We have another manual of the digital controller for detailed instruction. Please check the Digital Control Panel For Electric Height Adjustable Desk User Guide.





IIERGOS03

**SIT-STAND DESK** 

### Preface

This electric height adjustable standing desk consists of a heavy-duty steel desk frame and a motorized height adjustment system. Please read and completely understand this manual before installation in order to make sure the safe and correct use of the system and maintain the longevity of the overall construction and the built-in electronics.

### **Instructions of Safety and Warnings:**

- Any failure to comply with the safety and installation instructions in this manual may cause serious bodily injury.
- Any incomplete observation of the instructions, warnings and additional information marked with the "Note" and "M" may result in serious damage to the system or its components.
- This product can be used by children aged from 8 years and above if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision. Unplug the desk when the system isn't in use, and place the power plug out of children reach.
- Persons with reduced physical, mental abilities and or lack of experience and knowledge must not use the product. unless they're under supervision, understand the hazards involved or they have been thoroughly instructed in the use of the apparatus by a person who is responsible for the safety of these persons.
- Users should make sure that they never sit on the desktop in order to prevent serious bodily injury.



### **A** Electrical Safety Instructions:

The product is powered by electricity. In order to avoid burns, fire and electric shock, please read the instructions carefully.



Don't clean the product with water while the power is still connected.



Never operate the system if it's in moist environment or its electrical components have contact with liquids,



Don't disassemble or replace components while the power is still connected.



Don't operate the system if the control box makes noise or odor. Alterations of the given power unit and control box aren't allowed.



Never operate the system with a damaged cord or plug. Please contact your point of purchase to replace the damaged parts,



#### Other Safety Instructions:

- Clear up all obstacles within the height adjustment range.
- Don't leave the cords or plug unorganized in order to prevent tripping hazards,
- Any attempts to reconstruct the desk frame aren't allowed.
- Don't add anything to the adjustable junctions of the desk frame.
- Outdoor use is prohibited.

### **I** Preparation

What are the specifications you need to know?



80kg (176lbs)

,

Power Input (100~240V)

Operation Temperature (-5°C~+40°C)

What are the tools you require while installation?









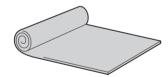
Bubble Level

Allen Wrench (Included)

Drill

Phillips Screwdriver

What's the thing you'd better have before installation?



A Shipping Blanket to protect the desk and the floor

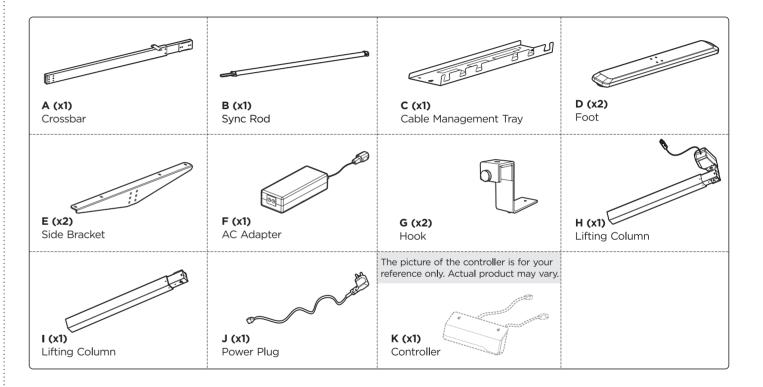
Things you need to know before installation

Please check all of the components shown in the component checklist. If any of the components are missing or damaged, contact your point of purchase for a replacement.



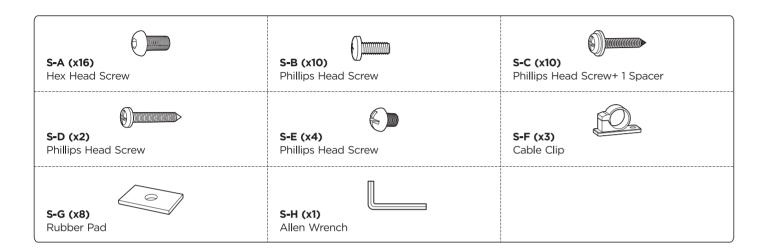
Disposal: The product with this mark indicates that this product shouldn't be disposed with other household wastes throughout the EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the local recycle service or contact your point of purchase to withdrawn the product.

### I Checklist and Installation



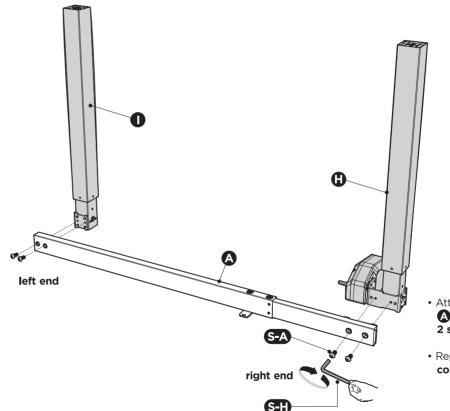


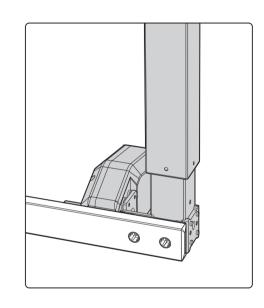
This page can be torn so that it's easier for you to match the components with the images.



Now let's start the installation.

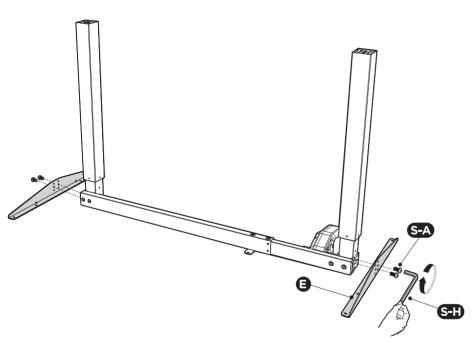
### I Assembling the Lifting Columns

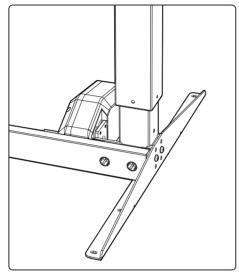




- Attach the **lifting column** to the right end of **crossbar** A with the Motor Spindle facing inward as shown using 2 screws S-A with Allen wrench S-H.
- Repeat the same process to assemble the other lifting column .

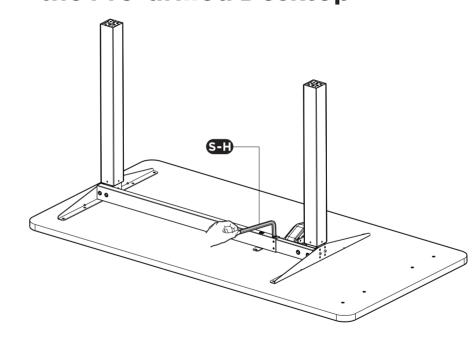
## I Installing the Side Brackets





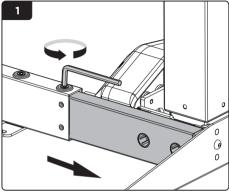
- Attach the **side bracket** (a) to the end of the crossbar using the **2 screws** (S-A) as shown with the **Allen wrench** (S-H).
- Repeat the same process to assemble the other side bracket.

I Option A: Attaching the Desk Frame to the Pre-drilled Desktop

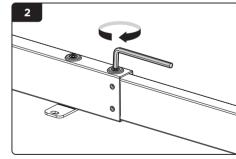


• Place a shipping blanket on the floor to prevent scratches.

- Place the desktop on the shipping blanket with the backside facing up.
- Place the desk frame on the desktop then adjust the frame to suit the size of the desktop.

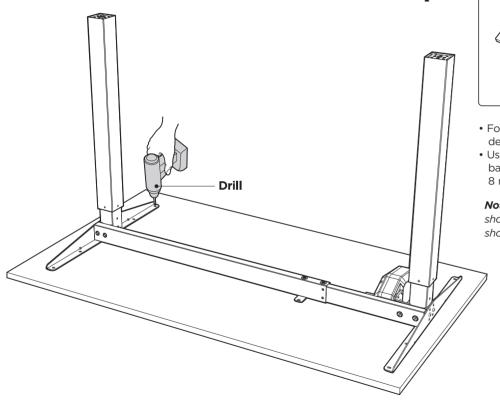


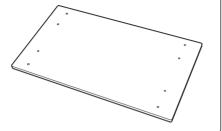
Loosen the hex head screws that fix the adjustable junction, but don't completely take out the screws.



Retighten all the hex head screws to finish the adjustment.

# I Option B: Attaching the Desk Frame to the Undrilled Desktop

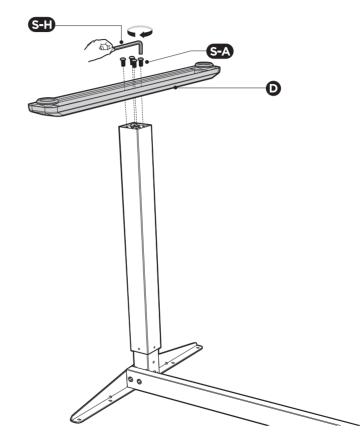


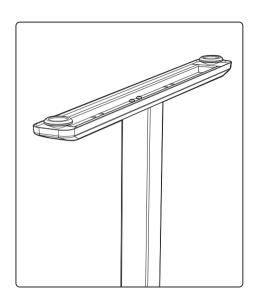


- Follow the previous steps to adjust the desk frame.
- Use a drill to make mounting holes on the backside of the desktop through the 8 mounting holes on the side brackets.

**Note:** The depth of the mounting holes should be over **10mm** and the diameter should be less than **3mm**.

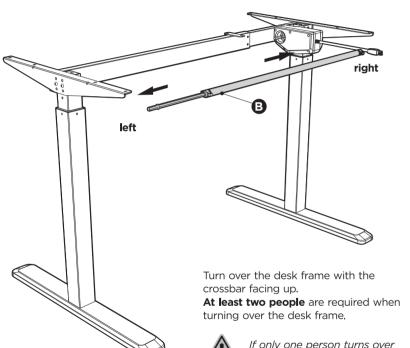
## I Installing the Feet





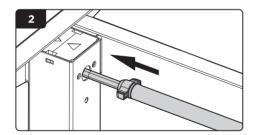
- Place the foot on the bottom of the lifting column.
   Align the mounting holes on the foot with the screw holes on the lifting column.
- Fix the **foot D** using **4 screws S-A** with the **Allen wrench S-H**.
- Repeat the same process to assemble the other foot.

## I Assembling the Sync Rod

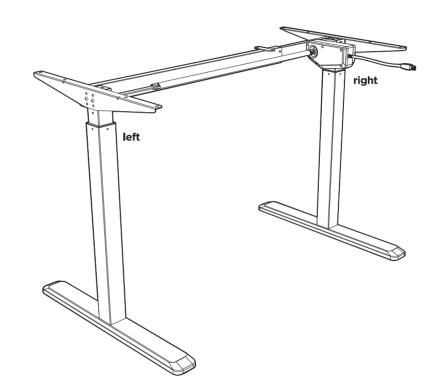


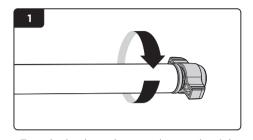
CAUTION injuries might occur.

With the frame positioned upright, turn the knob as shown to loosen the left side of the sync rod B.

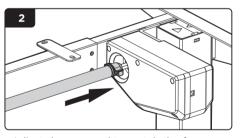


Insert the left end of the sync rod into the column then tighten.





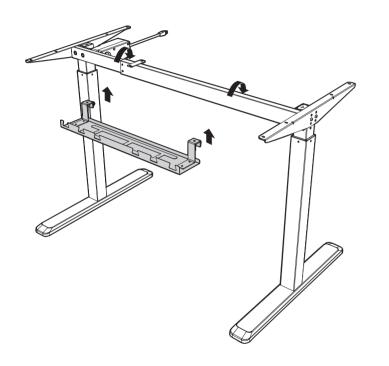
• Turn the knob as shown to loosen the right side of the **sync rod B** .

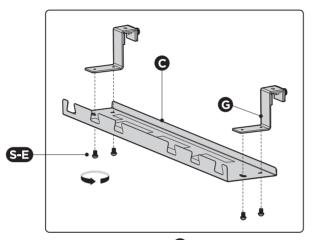


- Adjust the sync rod to match the frames width then.
- Attach the right end of the sync rod as shown to the motor spindle in red line position then tighten.

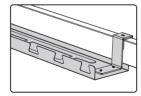
If only one person turns over the desk frame, serious bodily

### I Assembling the Cable Management Tray

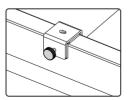




Attach the **tray hangers (G)** to the cable **management tray (G)** with **4 screws (S-E)** from below using a **Phillips screwdriver**.

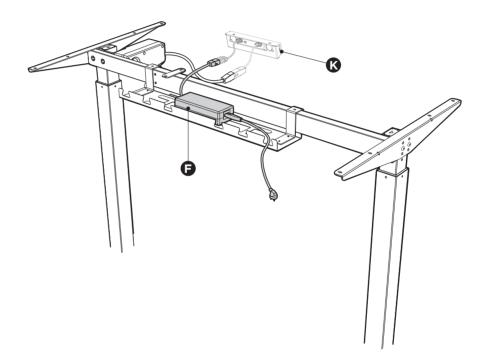


Hang the cable management tray on the crossbar as shown.

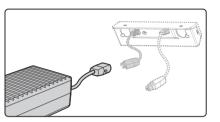


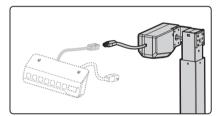
Tighten the knobs on the tray hangers.

### I Connecting Cords and Attaching the AC Adapter

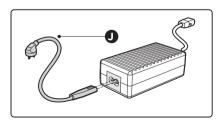


**Note:** The picture of the controller is for your reference only. Actual product may vary.



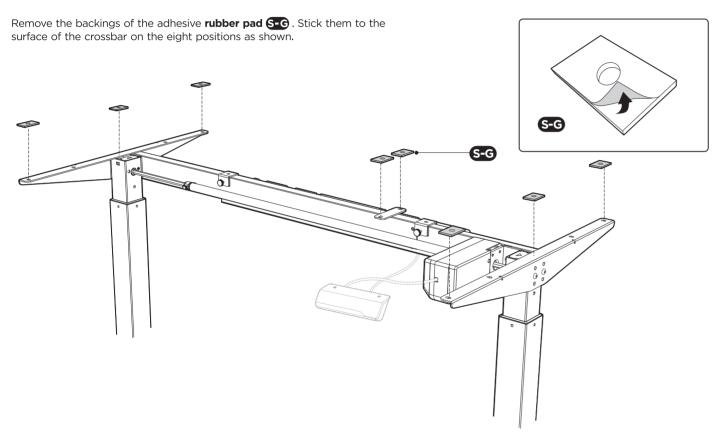


Connect the controller with lifting column.



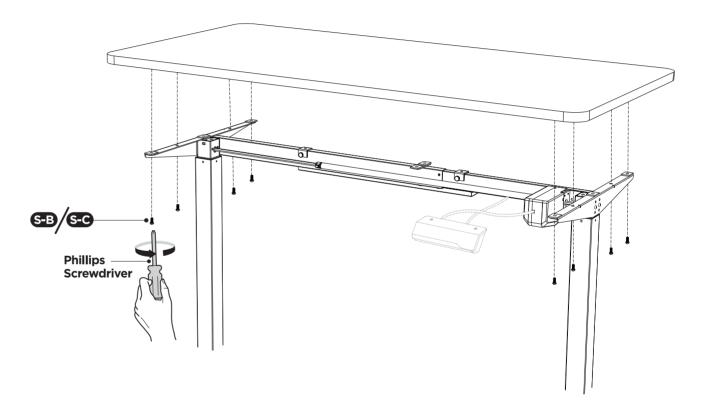
• Insert the **power plug** into the AC adapter.

## I Assembling the Desktop

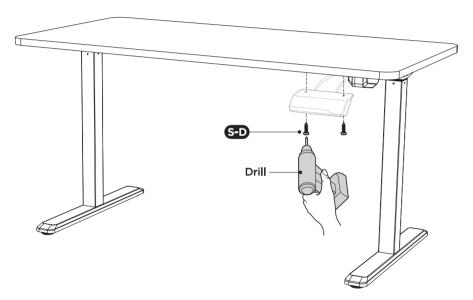


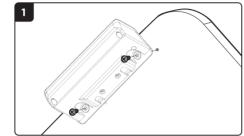
Attach the desktop to the frame with 8 screws using Phillips Screwdriver.

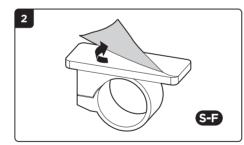
Option A: Use Screws S-B for the Pre-drilled Desktop
Option B: Use Screws S-C for the Undrilled Desktop



- Attach the controller to the desktop with 2 screws S-D using a driller.
  Stick the adhesive cable clip S-F under desk to organize cords.







## I Level Adjustment

There are two adjustable foot pads under each foot. If the floor isn't even, simply turn the pad to adjust the height to make the desk stable.

Tip: Use a bubble level to check if the desktop is even.

